

NEW
TRIER
HIGH SCHOOL

Post-High School Counseling
Next Steps for Seniors
Class of 2024



Department philosophy:



New Trier's post-high school counseling philosophy is student-centered, with the goal to put the *student* in charge of their own process.



Student responsibilities

- Own your process
- Review resources on Canvas
- Complete applications
- Adhere to deadlines, admission requirements, policies and guidelines
- Request and/or submit required materials
- Check status of application once submitted

Role of post-high school counselor



Advise on post-secondary search



Review essays and application(s) with student



Collaborate with advisers and faculty



Discuss standardized testing options



Oversee submission of school records



Compose counselor letter of recommendation

Role of the parent/guardian

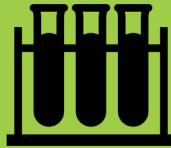
- Foster independence
- Honest conversations and parameters
 - [Net Price Calculator](#)
 - [Federal Student Aid Estimator](#)
- Allow your student to form their own opinions
- Assist with organization & prioritization



Current admissions landscape



Applications allow for students to share additional information



Changes to standardized testing policies by institution



Altered expectations regarding student's activities list/resume

Care Counts in Crisis

Signed by over 360 Admission leaders from institutions across the country:

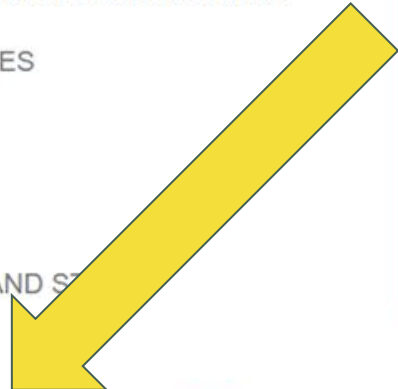
"We are keenly aware that students across the country and the world are experiencing many uncertainties and challenges. We primarily wish to underscore our commitment to equity and to encourage in students' self-care, balance, meaningful learning, and care for others."

New Trier PHSC Summer Seminar Presentation, 2023



Post High School Counseling

- HOME
- ABOUT
- POST HIGH SCHOOL PLANNING GUIDE
- CAREER SERVICES
- NAVIANCE
- CANVAS
- PHSC FACULTY AND STAFF



PHSC Events Calendar



PHSC Videos

PHSC News and Announcements

ICYMI: Navigating a Rapidly-Evolving Testing Landscape

Interested in learning practical, useable information about standardized testing and college admissions? In response to the pandemic, colleges have radically adjusted their admission testing policies. Currently, around 95% of US colleges are test optional, but the decision to test and submit scores is not so simple

PHSC Information and Resources

SENIORS

- INFORMATION/PROGRAMS
- PHSC NEWSLETTERS
- SCHOLARSHIP NEWSLETTERS



Follow Us @NTPHSC

Tweets from @NTPHSC

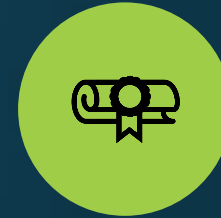
New Trier PHSC @NTPHSC
Test-optional admissions info at insidehighered.com/



What's in a completed application?



Submitted application with required essays and activities list



Transcript (request made via online form)



Counselor form or Common Application Counselor documents



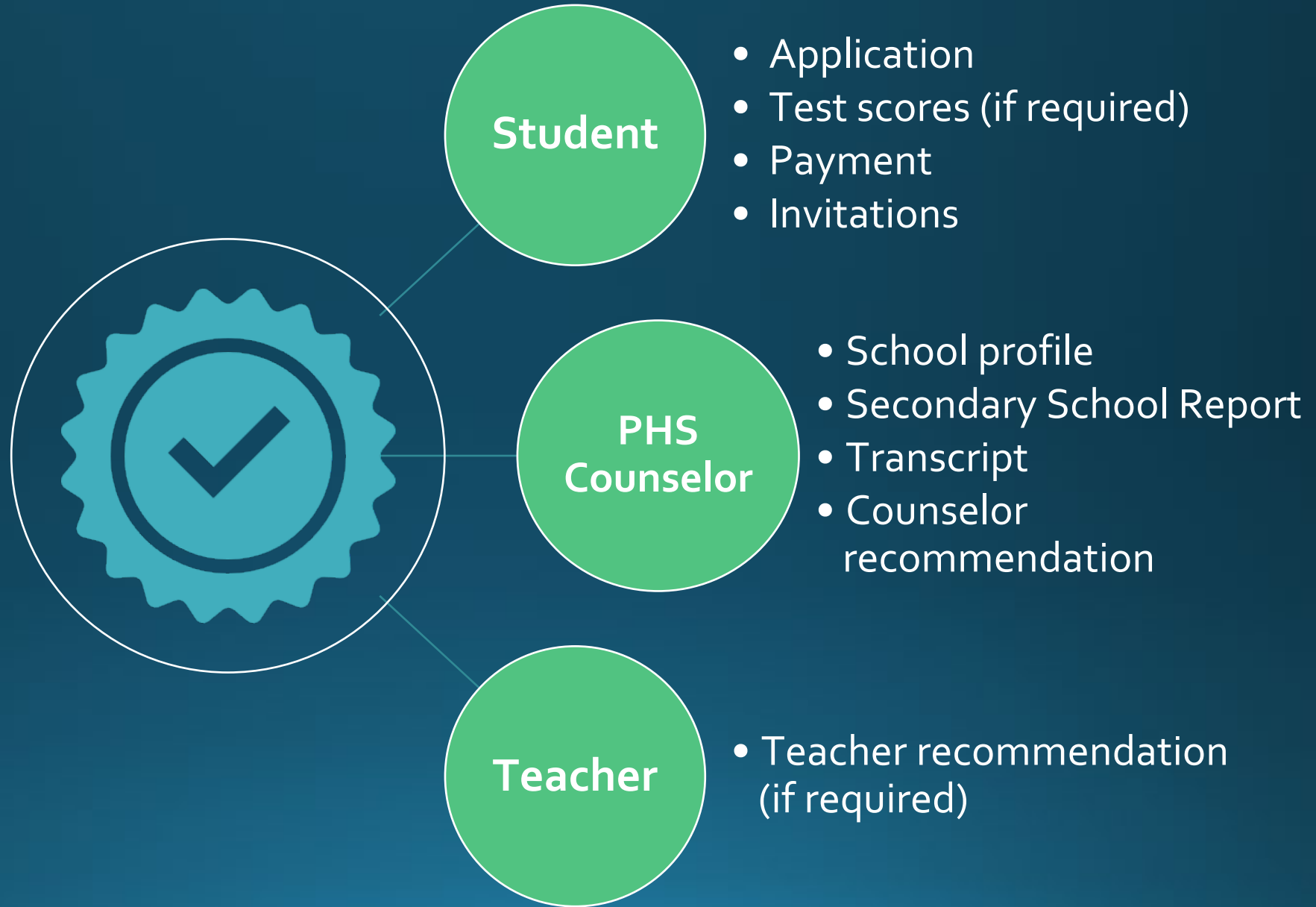
Teacher letters of recommendation (if required)



Test scores sent directly from act.org or collegeboard.org (if required)

Self-Reported Academic Record (if required)

Contributors to a completed application



Requesting official New Trier transcripts

- Transcript requests are made via [Google form](#) (CHECK LINK) in Canvas
- A transcript request for each college/scholarship is required, \$5 per college after first 3 (billed in January)
- A submitted request gives NT permission to send the transcript or required documentation
- Students (not parents) must submit forms at least one month before an application deadline to ensure timely submission
- Transcripts' submission status will be documented on Common App account
- Students are responsible for checking the completed status of their application with each college

GRADE	SCHOOL	DESCRIPTION	LVL	SEMESTERS				CREDITS	ACCREDITED BY: Illinois State Board of Education
				1	2	Sum 1	Sum 2		
2019-2020									
9		Honors English 1 - T: World Studies	9	A	B			1.00	SPECIAL NOTES: Passing marks are A, A-, B+, B, B-, C+, C, C-, D+, D, D-, and P ++ Integrated Global Studies School (IGSS). Interdisciplinary, experiential school-within-a-school curriculum. See attached narrative assessment. EXPLANATION OF ABBREVIATIONS: F - Failing AU - Audit N - Not Passing WF - Withdrawn Failing I - Incomplete WP - Withdrawn Passing M - Medical NC - No Credit EB - Early Bird CP- Credit Pending IP- Individualized Program PCB - Sequential Physics, Chemistry, Biology Curriculum DETERMINATION OF WEIGHTED AVERAGE: The cumulative weighted GPA is based on major-credit courses (levels 2,3,4,9). Grades from other schools are not used in computing the grade point average. The level (LVL) of the course determines the numerical values assigned based on the following table: 4 (HIGH HONORS/AP) 3/9 (HONORS) 2/8 (COLLEGE PREPARATORY) A 5.33 4.67 4.00 A- 5.00 4.33 3.67 B+ 4.67 4.00 3.33 B 4.33 3.67 3.00 B- 4.00 3.33 2.67 C+ 3.67 3.00 2.33 C 3.33 2.67 2.00 C- 3.00 2.33 1.67 D+ 2.33 2.00 1.33 D 1.67 1.33 1.00 D- 1.00 0.67 0.33 F 0.00 0.00 0.00 New Trier GPA Scale : 4.0
9		Honors Plane Geometry	3	B-	C+			1.00	
9		Honors World History - T: World Studies	9	A-	B			1.00	
9		Honors Biology	3	B	B			1.00	
9		Honors French 2	9	A-	A			1.00	
9		Intro to Business	8	A	B			1.00	
9		Kinetic Wellness 1	8	B-	A			1.00	
		Semester Weighted GPA		4.07	3.74				
2020-2021									
10		Honors English 2	3	A	B+			1.00	
10		Honors Algebra 2	3	A-	B-			1.00	
10		Honors World Geography	9	A	A-			1.00	
10		Honors Chemistry	3	B+	B+			1.00	
10		Honors French 3	9	A	A			1.00	
10		Gourmet	8	B-	A			1.00	
10		Health	8	A				0.50	
10		Kinetic Wellness 2	8		B			0.50	
		Semester Weighted GPA		4.47	4.07				
2021-2022									
11		Honors English 3-T: American Studies	9	A	A-			1.00	
11		College Algebra & Trigonometry	2	A				0.50	
11		Precalculus	2		A			0.50	
11		Honors US History - T: American Studies	9	A	A-			1.00	
11		Honors Physics	3	B-	B-			1.00	
11		Honors French 4	9	B-	B-			1.00	
11		Yoga & Self-Defense 1	8	A	A			1.00	
		Semester Weighted GPA		4.00	3.93				
-Courses Now In Progress-									
12		High Honors Sr Writers Seminar	4						
12		Intro to Finite Math and Statistics	2						
12		High Honors Civics	4						
12		Honors Psychology	9						
12		Honors Forensic Science	9						
12		Glass Art 1	8						
12		Lifetime Activities	8						
				DISTRICT REGISTRAR:					
				<i>Judy Selms</i>				09/12/2022	
								New Trier High School does not rank Entrance Date 8/22/2019	
								CUMULATIVE WEIGHTED GPA: 4.04	
								Class of 2023 Size : 1009	

School Profile

- Comprehensive document explaining school and community
 - highest and midpoint weighted and unweighted grade point averages
 - average ACT and SAT scores
 - explanation of curriculum and course levels
 - 2 level = College Prep
 - 3 and 9 level = Honors
 - 4 level = High Honors or AP
 - 8 level = Elective/Other
- Posted on [NT website](#):

NEW TRIER HIGH SCHOOL
Profile
2022-2023

SCHOOL AND COMMUNITY
New Trier Township High School District 203 is a comprehensive four-year high school in Northfield and Winnetka, Illinois, located along the Lake Michigan shore, approximately 16 miles north of Chicago. New Trier serves Chicago's North Shore suburban communities of Glenview and Northbrook, communities that reflect a tradition of support for academic and cultural achievement. Freshmen are housed on the Northfield Campus; sophomores, juniors, and seniors are housed on the Winnetka Campus.

Governed by its own Board of Education, the district serves six sender public school districts (kindergarten through eighth grade), each with its own governing board. Local private and parochial schools also graduate students who advance to New Trier High School.

EXTRACURRICULAR OPPORTUNITIES
As evidence of the New Trier motto, "to commit minds to inquiry, hearts to compassion, and lives to the service of humanity," New Trier offers numerous opportunities for learning and involvement outside of the classroom in activities, athletics, fine and performing arts, and social service through:

- More than 150 clubs and other student activities, including an extensive social service component;
- 35 interscholastic sports (winning more athletic state championships than any high school in Illinois interscholastic history) as well as an extensive intramural program; and
- Fine and performing arts programs, including a Grammy-award winning music department.

GUIDANCE
New Trier's nationally recognized student-advisement system provides a small-school atmosphere within a large school of outstanding opportunities. More than 40% of the faculty serve as advisers, meeting with the same group of approximately 25 students every day for 25 minutes. Advisers provide academic and personal guidance to students throughout their high school years. They also serve as the primary contact for parents. In addition, eight post-high school counselors help students plan for higher education and other alternatives after New Trier.

2022-2023 STUDENT ENROLLMENT AS OF SEPTEMBER 1, 2021

Senior (Class of 2023):	996
Total Student Body:	3,743

COLLEGE ATTENDANCE RATE
Approximately 97% of New Trier's Class of 2022 enrolled in college. Of the Class of 2022, 93.4% enrolled in four-year bachelor degree programs and 3.6% enrolled in two-year associate degree programs.



Understanding
admission
deadlines &
policies

Early Action (EA)

Early Decision I or II (ED)

Restrictive Early Action (REA)

Rolling Admission

Regular Decision

Transcript request deadlines

Application Deadline:
by:

Submit request

November 1

October 2

November 15

October 16

January 1 or 15

December 4

Ethical considerations

- **The student** is responsible for notifying colleges if an academic class was dropped *after* the transcript was submitted
- Compliance with Early Decision or Restrictive Early Action policies
- Student is the sole author of their application
- All information reported (including ESSAYS, self-reported grades and test scores) is truthful and accurate
- May 1st National Candidate Reply Date – a deposit expected to only one institution



A note about quarter grades...

- Quarter grades are *not* reported on the transcript
- Sample list of colleges that have required first quarter grades can be found on PHSC Canvas
 - Class Pages > Seniors > Quarter grades list
- Unofficial progress report



Midyear and Final Transcripts

Midyear/Semester Grades

- Sent *automatically* by PHSC by mid-January

Final Transcripts

- Sent *after* a student notifies us of their final post-high school plans via a Naviance survey distributed in April

How many letters do you need?

Check each school's website for specific requirements or stipulations

Look to see what is *required* vs. *optional*

Do not request letters for colleges that will not accept them (i.e. University of Illinois, University of California)

Requesting teacher letters of rec

Junior year faculty who taught you in a core academic class, not coaches or advisers.

Reach out directly to request a letter of recommendation.

Unless faculty require their own individual form, you should complete the [NTHS Teacher Recommendation Form](#)

Fillable pdf is downloadable via Senior Class page in PHSC Canvas

One month before the application deadline

- Submit the completed form and materials to your recommender.
- Confirm email address BEFORE inviting them to the online platforms.
- Please follow up with a thank-you note
- **Teachers have until the application deadline to submit the letter on your behalf.**



Considerations for students seeking accommodations

Research disability office and level of support:

- Accommodations/Support Office/Full Services Program
- Documentation requirements- varies by institutions (Interview only vs. additional documentation)
- Determine if additional application is needed

Apply to the college before applying for accommodations

Apply for accommodation at the college you plan to attend

Compose statement of self-disclosure

Need more information?

Check out the Next Steps for Seniors modules on Senior Class page in Canvas for more details on:

- Students seeking accommodations
- Prospective athletes
- Fine arts applicant considerations

Exploring Canvas

Welcome!

Welcome to the Canvas page for Post-High School Counseling, providing you with one, simple, centralized place to access information to help you on your journey to life after New Trier. Please check back periodically as new content is added.



From the Class Pages button...

Class Pages



Senior Information

Please review the following attendance guidelines on how to access the supports and opportunities available through post-high school counseling. Click [HERE](#)

Newsletters

Workshops

[Essay Seminars](#)

[Common Application Tutorials](#)

Scholarship Info & Newsletter

Nominated Scholarships Information COMING SOON

Nominated Scholarships Questionnaire and Interest Form COMING SOON

[Scholarships and Financial Aid](#)

Teacher Recommendation Information

[Colleges Requiring 2 Teacher Recommendations](#) ↗

[Teacher Recommendation Request Form](#) ↗

Schools Requiring First Quarter Grades

[Quarter Grades List](#) ↗

College Essay Topics

[List of Writing Requirements by Colleges on the Common Application](#) ↗

Research Resources

VIRTUAL VISIT LINKS AND RECORDINGS

Explore the options to help start you on your journey.

NAVIANCE

**AFFINITY
RESOURCES**

**COLLEGE-BOUND
ATHLETE**

GAP YEAR

**NT CAREER
SERVICES**

**GENERAL GUIDES &
SEARCH ENGINES**

**STUDENTS SEEKING
ACCOMODATIONS**

**FINE ARTS IN
COLLEGE**

SUMMER PROGRAMS

MILITARY OPTIONS

**2-YEAR/TRANSFER
RESOURCES**

**COMMON
APPLICATION**

**@NTPHSC
TWITTER FEED**

**INTERNATIONAL
COLLEGE OPTIONS**

**SKILLED TRADES &
APPRENTICESHIPS**

Coming up senior year

- Newsletters and Green Sheets
- Financial Aid Webinar
 - September 28
- FAFSA opens December 1
- CHOICES Fair Vernon Hills HS
 - Tuesday, October 10
- Gap Year Fair at NT
 - Sunday, January 28



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